Diamond Jubilee Celebration

Department of Pulmonary Medicine
St. John's Medical College

CME and Workshop on

Sleep Related Breathing Disorders

CME - 8th July

Workshop-9th July

CME registration limited to 100

Workshop registration limited to 30

CME attendance is mandatory to attend the workshop

CME on Sleep Related Breathing Disorders
July 8, 2023, 8:30 am to 5:00 pm
Pope Paul Auditorium,
St. John's Medical College Campus

TIME	TOPIC
8.30 - 9.00 am	Registration
9.00 - 9.30 am	Inauguration
9.30- 9.50 am	Assessment of a sleepy patient and spectrum of SRBD
9.50 –10.10 am	Obstructive Sleep Apnea
10.10-10.30 am	Central Sleep Apnea
10.30 – 11.00 am	Diagnostic modalities in SRBD
11.00 – 11.30am	Multi-parameter monitoring during sleep
11.30 – 11.45am	Tea Break
11.45– 12.15pm	Sleep stage and respiratory scoring
12.15-12.35pm	Interpretation of a sleep study report
12.35 – 12.55 pm	CPAP titration
12.55- 1.20 pm	PAP therapy and compliance monitoring
1.20– 2.10 pm	Lunch Break
2.10- 2.40 pm	Assessment of the upper airway in SRBD
2.40 - 3.10 pm	Mandibular advancement devices and myofunctional therapy
3.00 – 3.30 pm	Surgical options in management of OSA
3.30 - 3.45 pm	Tea Break
3.45-4.00 pm	Other non-PAP therapies for SRBD
4.00 – 4.20 pm	Pre-operative assessment of suspected SRBD patients
4.20 -4.40 pm	Recent advances in management of OSA
4.40-5.00 pm	VOTE OF THANKS AND VALEDICTORY

Workshop on Sleep Related Breathing Disorders
July 9, 2023, 8:30 am to 2:30 pm
Department of Pulmonary Medicine,
St. John's Medical College Campus

8.30-9.00 AM	**REGISTRATION**
9.00 – 9.15 AM	**PRE-TEST**
9.15-11.15 AM	STATION 1- Diagnostic devices STATION2- Hooking up, including 10-20 system STATION 3- Sleep stage scoring STATION 4- Respiratory scoring
11.15-11.30 AM	**TEA BREAK**
11.30-1.30 PM	STATION 1: Interpretation of PSG reports- Level 1, 3, 4 STATION 2: CPAP titration and troubleshooting STATION 3: Masks, Machines and Telemonitoring STATION 4: Follow-up of patients on CPAP
1.30-2.30 PM	**LUNCH AND VALEDICTORY**