Indian Association of Palliative Care (IAPC) has been conducting Certificate Course in Essentials of Palliative Care (CCEPC) for Doctors and Nurses since 2007. This course aims to inculcate the principles of palliative care to improve patient care through proper communication and effective management of difficult symptoms. This program will help practising doctors and nurses in their day to day professional life.

#### **Course Outline**

CCEPC has two components. **Part A** and an optional **Part B,** Hands on Training in Palliative Care

**Part A-** consists of a contact session of 15 hours in the beginning followed by 8 weeks of distant learning. This will be followed by an evaluation consisting of theory examination and spotter examination. The candidates also have to submit a Reflective Case History (online submission), evaluated by National Faculty. Candidates successful in the theory and spotter examination and those who have secured pass grade in the Reflective Case History will be awarded the Certificate in Essentials of Palliative Care.

**Part B,** Hands on Training in Palliative Care - This is optional and consists of 10 days Hands on Training. This should be done at a palliative care unit authorized by IAPC to conduct Part B. At the end of the 10 days posting, the candidate has to submit a logbook duly attested by the mentor.

The certificate awarded to candidates who successfully complete the Hands on Training will enable them to apply for license to stock and dispense oral morphine under the Narcotic Drugs and Psychotropic Substances (NDPS) Act. Some of the centres may charge a nominal fee for the clinical placement in their units.

#### **Course Content**

- Introduction to Palliative Care
- Communication Skills
- Spirituality, Ethics in Medical Practice, Psychological Issues
- Management of Pain and other Symptoms
- Nursing Issues
- Palliative Care in HIV /AIDS
- Care of the Elderly and Paediatric Palliative Care
- Palliative Care Emergencies
- End of Life Care

# Who all can apply?

Doctors who have successfully completed MBBS/ BDS (including those doing their Internship) and Nurses with Diploma in Nursing / BSc Nursing.

## **Course Fee:**

A heavily subsidized course fee of Rs 2500 for doctors and Rs 1800 for nurses will be charged. This will cover the training fee, course material and examination fee. Registered candidates who are not able to appear for the examination and those who do not clear the examination in the first attempt will get one more chance to appear in the examination without paying additional fees.

# How to Apply?

The following documents to be submitted at the respective centres

- 1. The completed application form
- 2. Proof of professional qualification

# **Important Dates for 2017**

Courses starting on	Last date for submitting applications	Evaluation
01 June 2017	25 May 2017	August 2017
01 Nov. 2017	28 Oct. 2017	January 2018

### **Centres for IAPC Course in 2017:**

Palliative Care Clinic, Department of Radiotherapy, PGIMER. Chandigarh-160 012

Contact: Dr. Sushmita Ghoshal

1 email: rtsushmita@gmail.com / Mobile: 0 9914209394

Institute of Palliative Medicine, Medical College PO, Kozhikode, Kerala- 673008

Contact: Ms. Alice Stella

2 email: academicsiapc@gmail.com / Mobile: 09446039441

Institute of Palliative Care, District Hospital, Round East, Thrissur, 680001

Contact: Dr. Ramla Beebi,

3 email: ramlabeebi@gmail.com / Mobile: 94461 46901

Amrita Institute of Medical Sciences & Research Centre, Edappally, Ponnekkara PO, Ernakulam, Kerala- 682041

Contact: Dr. Charu Singh

email: charusingh@aims.amrita.edu, drcharusingh@gmail.com Tel: 0484 2853012 / Mobile: 09349255418

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Regional Cancer Centre, Thiruvananthapuram, Kerala- 695011

Contact : Dr. Cherian Kosy

5 email: cheriankoshi@yahoo.co.in / Mobile: 09447127019

Department of Cancer Palliative Medicine, Malabar Cancer Centre, Moozhikkara PO, Thalassery, Kannur- 670103, Kerala

Contact: Dr. Biji M. S.

6 email: bijims@gmail.com / Mobile: 09496048807

Sudharsana Palliative Care Hospital, 119-D, Palayam Bazar, Woraiur, Tiruchirappalli, Tamil Nadu- 620 003

Contact: Dr. Mohanasundaram

7 email: mohan.sudharsana@gmail.com Tel: 0431 2761171 / Mobile: 09345116599

Jeevodaya Hospice, 1.272, Kamaraj Road, Mathur, Manali PO,

Chennai- 600 068, Tamil Nadu

Contact: Dr. Manjula Krishnaswamy

email: jeevodayahospice@gmail.com Tel: 044 2555 5565, 25559671

Lakshmi Pain and Palliative Care Trust, Lakshmi Sundaravadanan Hospital, 134, Poonamallee High Road, Chennai- 600 084

Contact: Dr. Subathra Muthukumaran

9 email: lakshmipaincare@gmail.com/ Tel: 044 25322684, 26411595

Palliative Care Unit, Cancer Institute (wia), (Next to IIT Madras) 18, Sardar Patel Road, Guindy, Chennai - 600036

contact: Dr. Kalpana Balakrishnan

10 email: kalpana.balakrishnan@gmail.com / Mobile: 09840158777

Department of Palliative Medicine, Kidwai Memorial Institute of Oncology, Dr. M. H. Marigowda Road, Bangalore, Karnataka- 560029

Contact: Dr. Prabha Seshachar/ Ms. Saroja G.

email: prabhasachar@yahoo.co.in, eopc.kidwai@yahoo.in Tel: 080 26094100 / Mobile: 09845541020, 0 9448933497

Department of Palliative Medicine, Oncology Block (New), 2<sup>nd</sup> Floor, St. John's Medical College & Hospital, Sarjapur Road, Bangalore- 560034

Contact : Ms. Amala

12 email: ppcu.sjmch@gmail.com / Tel: 080 22065913, 22065925

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JSS Medical College & Hospital, MG Road, Mysuru - 570004

Contact : Dr. Akkamahadevi P.

email: drakka\_p@yahoo.co.in / Mobile: 0 9342134196

Guwahati Pain and Palliative Care Society, Durganath Hemoprova Hazarika Memorial Palliative Care Clinic, Bhupan Road, Uzan Bazar, Guwahathi- 781001

Contact: Dr. Dinesh Chandra Goswami

email: goswamidcg@yahoo.co.in

Tel: 0361 2604943 / Mobile: 0 9864064070

Acharya Harihar Regional Cancer Centre, Department of Anaesthesiology & Pain and Palliative Care, Mangalabag, Cuttack, Odisha - 753007

Contact: Dr. Sumita Mohanty

email: dr\_sumita2007@yahoo.com, ahrccpc@gmail.com

Mobile: 0 9437022633

Department of Anaesthesiology & Pain and Palliative Care, Room No- 242, 2<sup>nd</sup> Floor, Dr. B.R.A Institute Rotary Cancer Hospital, All India Institute of Medical Sciences, New Delhi- 110029

Contact: Dr. Sushma Bhatnagar

email: shumob@yahoo.com/ Mobile: 0 9811326453

Yenepoya Nursing College, Yenepoya University, University Campus, Deralakatte, Mangalore - 575018 Contact: Dr. Asha P. Shetty email: asha02shetty@gmail.com / Mobile: 0 9448770302 Tata Memorial Centre, Dr. Ernest Borges Marg Parel, Mumbai-400 012 Contact: Dr. M.A. Muckaden email: muckadenma@tmc.gov.in/ Tel: 022 2417 7148/ Mobile: 0 98203 47802. Cipla Palliative Care Training Centre, 18/1, Off Mumbai - Bangalore Highway, Warje, Pune, Maharashtra - 411 058 Contact: Dr. Vivek Nirabhavane email: drviveksn@gmail.com / Mobile: 0 9552775117 Bhagwan Mahaveer Cancer Hospital and Research Centre, Jawaharlal Nehru Marg, Jaipur, Rajasthan-302 017 Contact: Dr. Anjum S. Khan Joad email: iapcjaipur@gmail.com/ anjumjoad@hotmail.com Tel: 0141 2700107 / 2702120 Department of Radiotherapy, Govt. Medical College, 88, College Street, Kolkata- 700 073 Contact: Dr. Shyamal Kumar Sarkar email: shyamalsarkar20141@gmail.com/ Tel: 033 24612564/ Mobile: 0 98310 97315 Department of Pain and Palliative Care, MNJ Institute of Oncology & Regional Cancer Centre, Red Hills, Hyderabad- 500 004 Contact: Ms. R. Vineela/ Dr. Gayatri Palat email: mnj.palliative@gmail.com/ Mobile: 0 91772 38901 Choithram Hospital and Research Centre, Manikbagh Road, Indore, 452014, Madya Pradesh Contact: Dr.Amit Joshi email: amitjoshi2312@gmail.com/ Mobile: 0 8965892204 Department of Palliative Medicine, Gujarat Cancer & Research Institute Ahmedabad, Gujarat Contact: Dr. Geeta Joshi email: dr.geetajoshi@gmail.com/ Mobile: 0 9824075707 Bangalore Baptist Hospital, Bellary Road, Hebbal, Bangalore 560024. Contact: Dr. Ravi Livingstone/ Dr. Amy Siew Email: palliative@bbh.org.in Tel: (080) 22024395 Mobile: 9448496607 Harriet Benson Memorial Hospital, Lalitpur, Uttar Pradesh 284403

Contact: Dr. Tony Bishwas / Dr. Ann Thyle

email: ann@eha-health.org, lalitpur@eha-health.org

Tel: 05176273230 / Mobile: 09598049658

Composite Hospital Border Security Force Campus, G T Road, Jalandhar Cantt (Pb) PIN-144006 Contact: Dr. Savita Butola email: savitabutola@yahoo.com / Mobile: 0 9988996196 All India Institute of Medical Sciences, Sijua, Bhubaneswar- 751019, Odisha Contact: Prof. Sukdev Nayak email: sukdev.nayak@gmail.com/ Tel: 0674-2476400 .... Ganga Prem Hospice, Puniab Sindh Kshetra, Kshetra Road, Rishikesh- 249201. Dehradun District. Uttarakhand. Contact: Dr. Aditi Chaturvedi email: aditichaturvedi1978@gmail.com Mobile: 0 9536468682, 0 9557182408 Choithram Lokmanya Medical Research Centre, Lokmanya Hospital, 314/B, TELCO Road, Chinchwad, Pune 411033, Maharashtra, India. Contact: Dr.Pradeep Kulkarni email: contactlmrc@lmrc.in/innovativeppk@gmail.com Mobile: 0 9823125524 Kosish, Vill. Obra, Thana: pindrajhora, District: Bokaro, Jharkhand Contact: Dr. Abhijit Dam email: ratuldam@yahoo.com/ Mobile: 0 8986872998 Mahatma Gandhi Medical College and Research Institute, Pillayarkuppam, Pondicherry: 607 402 Contact: Dr. R Kannan/ Ms. Anu Savio Thelly email: anu.savio@gmail.com, surgery@mgmcri.ac.in Mobile: 9566444232 Trivandrum Institute of Palliative Sciences, Arumana Hospital Building Perunthanni, Vallakadavu P.O, Trivandrum-08 Contact: Ms. Sheeba. R.S email: education@palliumindia.org Mobile: 08589998760 Homi Bhabha Cancer Hospital and Research Centre (HBCHRC)A unit of Tata Memorial Centre Aganampudi, Visakhapatnam 530053 Andhra Pradesh. Contact: Dr. Vidya Viswanath email: drvidya21@gmail.com/ Mobile: 09848498412 Certificate Course in Essentials of Palliative Care is an Indian

adaptation of a similar course offered in UK and Nepal by the

Princess Alice Hospice, UK. Dr Max Watson who developed the

original course has been involved in the 'Indianisation of the course.

For further information regarding the course, contact

The nearest centre or academicsiapc@gmail.com

Chairperson, Board of Examinations, Institute of Palliative Medicine,

Medical College, Calicut - 673 008. Mob: +91 94460 39441



# CERTIFICATE COURSE IN ESSENTIALS OF PALLIATIVE CARE 2017



# A Basic Course in Palliative Care for Doctors and Nurses

Eight Weeks of Learning at Home Through Distance Education
Fifteen Hours of Contact Session & Evaluation
Ten Days Clinical Placement (Optional)

Course delivered through various centres in India Courses starting on  $\mathbf{1}^{\text{st}}$  June 2017 &  $\mathbf{1}^{\text{st}}$  November 2017

#### INDIAN ASSOCIATION OF PALLIATIVE CARE

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