

**ST. JOHN'S NATIONAL ACADEMY OF HEALTH SCIENCES**  
BANGALORE – 560 034

**CLINICAL PASTORAL EDUCATION**  
**(Training Programme in Pastoral Care)**  
21<sup>st</sup> February to 31<sup>st</sup> March, 2012

**Phone : 22065105/22065005**

**Web : [stjohns.in](http://stjohns.in)**

## **BRIEF DESCRIPTION OF THE PROGRAMME**

Clinical Pastoral Education is designed to provide quality professional training in ministry. It is designed to be a comprehensive educational experience through the practice of ministry. The heart of CPE is your ministry with people and learning from the ministry through reflection, discussion, and evaluation with other students and your supervisor. In your CPE experience, you will utilize verbatim (in the form of Pastoral Care Reports), case studies, and other ministry descriptions to present your ministry to supervision. The focus will be on what is happening to you, the care giver, as much as on what is happening to the people receiving your ministry. There will be discussions which assist you in understanding theological issues arising from experience. There will be opportunities to learn from behavioural sciences while also reflecting theologically, so you can draw from both in understanding the human condition. You will be challenged to think about groups and social structures as well as individuals in defining your ministry. You also will be part of dynamic learning group with other students and your supervisor, which will provide opportunities for mutual supervision, care giving, challenge and appreciation. The programme is set up to train persons to be more effective pastoral ministers : hearing stories with increasing sensitivity and awareness of the intra/interpersonal dynamics, the spiritual themes that offer meaning and hope , and the place of one`s own story in how one chooses to minister.

### **GOAL**

To train personnel to develop a better understating of the pastoral ministry in health care and to acquire the necessary spiritual, psychological and behavioural skills for the ministry

### **OBJECTIVES**

- To become aware of oneself as a minister and the ways one`s ministry affects persons.
- To learn how to initiate, deepen, and terminate pastoral care relationships.
- To develop the skills to provide intensive and extensive pastoral care and counseling to persons in their cries and situations.
- To utilize the support, confrontation and clarification of the peer group for the integration of personal attributes and pastoral functioning.
- To utilize individual and group supervision for personal and professional growth and for developing the capacity to evaluate one`s ministry.
- To develop the ability to make effective use of one`s religious/spiritual heritage, theological understanding, and knowledge of the behavioral sciences in pastoral ministry to persons and groups.
- To become aware of how one`s attitudes, values and assumptions, strengths and weaknesses affect one`s pastoral care ministry.
- To become aware of the pastoral role in interdisciplinary relationships and work effectively as a pastoral member of an interdisciplinary team.
- To become aware of how social conditions and structures affect the lives of self and others and to effectively address these issues in ministry.
- To develop the capacity to utilize one`s pastoral and prophetic perspective in a variety of functions such as : preaching, teaching, leadership, management, pastoral care and as appropriate, pastoral counseling.
- To learn how to make spiritual assessments and how to formulate and implement appropriate pastoral plans
- To acquire insights and skills to be available for the care of people of different religious traditions.

## **CURRICULUM AND METHODOLOGY**

- Lectures on various topics of pastoral care ministry
- Personal Goal Settings
- Supervised Clinical Experience
- Individual Supervision
- Verbatim Lab
- Interpersonal Relations Seminar
- Pastoral Rounds
- Reflection Group
- Theological Reflection Seminar
- Worship
- Evaluations

## **ELIGIBILITY**

- The course is open to clergy, finally professed religious and the laity who are interested in Health Care Ministry
- Since it is residential course, full time availability is expected.
- A basic knowledge of Christian theology and working knowledge of English language(the whole program me will be conducted in English)
- Candidates sponsored by hospital and other health care organizations will be given preference.

## **FEES**

Tuition	:	Rs. 2000/-
Course materials	:	Rs. 500/-
Board and Lodge	:	Rs. 5000/-

Please fill in the attached Application Form with and send the materials to the following address:  
(To reach the office by February 15, 2012) You may also send the application via email.

**The Coordinator**

**Clinical Pastoral Education**

**Admissions Office**

**St. John`s National Academy of Health Sciences,**

**Bangalore – 560 034, India**

**Email :mperumpil@yahoo.com**

**Tel : 080 28439516 Mob : 09448058060**

## **ABOUT THE INSTITUTION**

Founded in 1963 by Catholic Bishops' Conference of India, St. John's Medical College and Hospital (the latter was commissioned in 1975) are owned by C.B.C.I Society for Medical Education, a Body registered under the Karnataka Societies Registration Act, 1960.

Through this Institution, the Catholic Church seeks to make a significant contribution to medical education and service, the improvement of which is a primary need of the country. In this endeavour, its constant aim is not to train medical and nursing students at the undergraduate and postgraduate levels, and orient them to the current needs of the country, but to undertake the training of teachers, specialists, health administrators and Pastoral Care Personnel for the overall advancement of the science and medicine and its effective application.

As a primary means for the attainment of the Institutions objectives, emphasis is placed, in the choice of students, on selectivity and on the values necessary for the broad based and sound education, intellectual, spiritual, moral, physical and social.

The Institution prepares students for the role of the future leaders, loyal to the highest ideals of the profession. We believe that Pastoral Care Ministry in any health Organization has a unique place and a challenging job to do in the area of improving the quality of life of people.

**Director**