

General Instructions

- Mandatory fasting of 12 hrs (You may drink plain water)
- Reporting time: 7:30 am at health plan office
- Kindly get your previous medical records
- Please collect your final report within 15 days

General Information

- On request additional investigations / consultations can be scheduled, at an extra cost
- Subsequent consultations are not included in the package
- Health plan packages are formulated by the management at subsidized rates, hence cannot be disaggregated into individual investigations
- If any investigations included in the package are not completed due to personal /medical reasons, no reimbursement will be provided.
- Corporate clients are required to submit an employee ID and a letter of recommendation from the company



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Home Blood Sample Collection

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Contact Us :

☎ 080 2206 5077 / 78

✉ healthcheckup@stjohns.in



ST. JOHN'S MEDICAL COLLEGE HOSPITAL

BENGALURU

HEALTH CHECK UP PLANS



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www.stjohns.in



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HEALTH CHECK UP PLANS

HEALTH CHECK UP PLANS					
List of Investigations	Basic Health Plan A	Basic Health Plan B (Fasting is not mandatory)	Primary Health Plan	Executive Men	Executive Women
Price (Rs)	3000/-	3000/-	5000/-	7500/-	8000/-
Blood Investigations					
Serum Fasting Glucose	✓		✓	✓	✓
Serum Random Glucose		✓			
Glycated Haemoglobin (HbA1C)	✓	✓	✓	✓	✓
Complete Blood Counts	✓	✓	✓	✓	✓
Serum Electrolytes	✓	✓	✓	✓	✓
Serum Creatinine	✓	✓	✓	✓	✓
Lipid Profile	✓	✓	✓	✓	✓
LFT			✓	✓	✓
TSH				✓	✓
Calcium				✓	✓
Phosphorus				✓	✓
Vitamin D				✓	✓
Vitamin B12				✓	✓
Urine Investigations					
Urine Examination	✓	✓	✓	✓	✓
Other Investigations					
ECG	✓	✓	✓	✓	✓
Chest X-ray	✓	✓	✓	✓	✓
Ultrasound Abdomen & Pelvis			✓	✓	✓
Pap Smear					✓
Doctor Consultation	FM/ GM	FM/ GM	FM/GM	FM/GM	FM/ GM &GO



Comprehensive Heart:

- ECHO
- TMT
- Cardiology Consultation
- Rs. 3230/-

Well Men:

- PSA
- Urology Consultation
- Rs. 700/-

Well Women:

- Sonomammogram
- Surgical Oncology Consultation
- Rs. 2750/-

STD Panel:

- HIV/HBsAg/VDRL
- Rs. 1010/-

Note:

- FM – Family Medicine
- GM – General Medicine
- GO –Gynae Oncology