

Name:

Age: Gender: M/F

Hospital No.

Date of appointment:

Reporting time: Place:

Diabetes Yes/No

Hypertension Yes/No

Cardiac Disease Yes/No

Pregnant Yes/No

Currently menstruating Yes/No

Executive	Comprehensive heart	Senior women	Senior men
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**Consultations:**

- Physician or Family Med

Date:

Time:

- Others

Date:

Time:

## Instructions

- Fasting is mandatory (10 to 12 hrs). Plain water may be consumed.
- Report to health plan office at 7.30 am.
- Bring previous medical records.
- Additional test / consultation could be arranged on request with additional payment. Subsequent consultation is not added in the package.
- All packages are prepared by the Management at subsidized rates, and hence cannot be divided into individual tests or investigations. No refund will be given for tests from the package not done because of personal / medical reasons
- Final report should be collected within 15 days.
- Referral letter and employee ID are required for corporate clients.



## St. John's Medical College Hospital

Sarjapur Road, Bangalore - 560034

Tel: 080-2206 5000 / 5001

Website: www.stjohns.in

## Health Plan

### PROPOSED PLANS

Executive Rs. 5,000/-	Compre- hensive Heart Rs. 7,000/-	Senior women Rs. 8,000/-	Senior men Rs. 8,500/-
No pre- morbid illness	DM / HTN / CAD / CVA	Above 60 yrs	Above 60 yrs



Health plan: +91 080 2206 5092

Health plan E-mail: healthcheckup@stjohns.in

Home sample collection : 8880 638 638

Appointments/Information: +91 080 2206 5003

<b>List of Test</b>	Executive Rs. 5,000/- (Rs. 4,500 men < 50yrs*) Fasting is not mandatory	Comprehensive Heart Rs. 7,000/-(Rs. 6,500 men < 50yrs•)	Senior Men Rs. 8,500/-	Senior Women Rs. 8,000/-	<b>Add on</b>
Complete Hemogram with ESR	✓	✓	✓	✓	STD panel (Rs. 800/-) HIV/HBsAg/VDRL
Urine examination	✓	✓	✓	✓	
Serum - Fasting glucose, Creatinine & Electrolytes	✓	✓	✓	✓	
Post prandial plasma glucose (If DM +)		✓	✓	✓	Women above 40 yrs Sonomammogram (Rs. 2,000/-)
Glycated Hemoglobin HbA1C	✓	✓	✓	✓	
TSH	✓	✓	✓	✓	* Consultation FM or GM
LFT	✓	✓	✓	✓	
PSA (only for Men)	✓ (for Men > 50 years)	✓ (for Men > 50 years)	✓		• Consultation FM or GM / Cardio
Stool OB			✓	✓	
Cal, Ph		✓	✓	✓	• FM - FAMILY MEDICINE
Vitamin D			✓	✓	
Vitamin B12			✓	✓	
ECG	✓	✓	✓	✓	• GM - GENERAL MEDICINE
CXR	✓	✓	✓	✓	
USG Abd & Pelvis	✓		✓	✓	• GO - GYNAE ONCOLOGY
ECHO		✓	✓	✓	
TMT		✓			• SO - SURGICAL ONCOLOGY
Lipid Profile	✓	✓	✓	✓	
Pap Smear (only for Women)	✓	✓		✓	
Consult	FM or GM / GO or SO	FM or GM/Cardio/GO or SO	FM or GM / SO	FM or GM / GO	