

Name:

Age: Gender: M/F

Hospital No.

Date of appointment:

Reporting time: Place:

Diabetes Yes/No

Hypertension Yes/No

Cardiac Disease Yes/No

Pregnant Yes/No

Currently menstruating Yes/No

Executive	Comprehensive heart	Senior women	Senior men
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Consultations:

- Physician or Family Med

Date:

Time:

- Others

Date:

Time:

Instructions

- Fasting is mandatory (10 to 12 hrs). Plain water may be consumed.
- Report to health plan office at 7.30 am.
- Bring previous medical records.
- Additional test / consultation could be arranged on request with additional payment. Subsequent consultation is not added in the package.
- All packages are prepared by the Management at subsidized rates, and hence cannot be divided into individual tests or investigations. No refund will be given for tests from the package not done because of personal / medical reasons
- Final report should be collected within 15 days.
- Referral letter and employee ID are required for corporate clients.



St. John's Medical College Hospital

Sarjapur Road, Bangalore - 560034

Tel: 080-2206 5000 / 5001

Website: www.stjohns.in

Health Plan

PROPOSED PLANS

Executive Rs. 5,000/-	Compre- hensive Heart Rs. 7,000/-	Senior women Rs. 8,000/-	Senior men Rs. 8,500/-
No pre- morbid illness	DM / HTN / CAD / CVA	Above 60 yrs	Above 60 yrs



Health plan: +91 080 2206 5092

Health plan E-mail: healthcheckup@stjohns.in

Home sample collection : 8880 638 638

Appointments: +91 080 2206 5003 / 5004

Information: +91 080 2206 5008 / 5250

List of Test	Executive (Fasting is not mandatory) Rs. 5,000/-	Comprehensive Heart Rs. 7,000/-	Senior Men Rs. 8,500/-	Senior Women Rs. 8,000/-	Add on
Complete Hemogram with ESR	✓	✓	✓	✓	STD panel (Rs. 800/-) HIV/HBsAg/VDRL
Urine examination	✓	✓	✓	✓	
Serum - Fasting glucose, Creatinine & Electrolytes	✓	✓	✓	✓	Women above 40 yrs (Rs. 2,000/-) • Sonomammogram
Post prandial plasma glucose (If DM +)		✓	✓	✓	
Glycated Hemoglobin HbA1C	✓	✓	✓	✓	
TSH	✓	✓	✓	✓	
LFT	✓	✓	✓	✓	
PSA (only for Men)	✓ (for Men > 50 years)	✓ (for Men > 50 years)	✓		<ul style="list-style-type: none"> • FM - FAMILY MEDICINE • GM - GENERAL MEDICINE • GO - GYNAE ONCOLOGY • SO - SURGICAL ONCOLOGY
Stool OB			✓	✓	
Cal, Ph		✓	✓	✓	
Vitamin D			✓	✓	
Vitamin B12			✓	✓	
ECG	✓	✓	✓	✓	
CXR	✓	✓	✓	✓	
USG Abd & Pelvis	✓		✓	✓	
ECHO		✓	✓	✓	
TMT		✓			
Lipid Profile	✓	✓	✓	✓	
Pap Smear (only for Women)	✓	✓		✓	
Consult	FM or GM / GO or SO	FM or GM/Cardio/GO or SO	FM or GM / SO	FM or GM / GO	