

## Paediatric Infectious Disease Clinic (PID Clinic)

**Types of infections:** Chronic infections like TB and HIV (treatment of HIV infected and prevention of Parent to child transmission of HIV)

**Venue:** Paediatric Outpatient Department (OPD), Room no: 22

**Time:** 2:00 PM – 4:00 PM

**Days:** Every Wednesdays

**Faculty In - Charge:** Dr. Chitra Dinakar, Professor; Dr. Indumathi C K, Professor; Dr. Sushma K, Asst. Professor

**Contact No:** 080 -2206 5003 | 5004 | 5008

**For appointment:** Ph 080- 22065034

(Phone between 9:00 AM- 5:00 PM only)

**Background:** Chronic infections like TB require treatment with anti-tubercular treatments (ATT) for prolonged periods (months). The monitoring for recovery, drug dosing (age and weight adjusted), side effects if any, treatment end points and counselling support for factors related to stigma are unique and time consuming.

HIV is a chronic lifelong infection (at the present time) and the treatment regimen to stay healthy is called Anti-retroviral therapy (ART). The treatment is lifelong and needs age, weight related adjustments periodically. There is also needed to monitor for other opportunistic infections, side effects, drug interactions and offer counselling support for the stigma associated with the infection. Guidance on prevention of transmission to others is also paramount.

Parents who are HIV infected want that their baby is HIV infection free. A special care package (PPTCT) is required to ensure this outcome, starting in the pregnancy period and continuing till the baby is 18 months old.

The PID clinic offers the opportunity for holistic care and recovery for both TB and HIV.



**Services offered:**

1. Treatment for all forms of childhood TB including resistant TB
2. Linkages to free ATT through the RNTCP/DOTS (Government program)
3. Treatment of HIV infected children registered at any ART centre
4. Linkages to St. John's hospital ART centre
5. Treatment for infants born to HIV positive mothers to prevent HIV infection.
6. Counselling for illness related needs
7. Routine Paediatric health needs for all infected children (vaccinations, nutrition guidance, etc)
8. Medico-social support for vulnerable children and families.