

General Instructions

- Mandatory Fasting of 12 hrs (You may drink plain water)
- Reporting time: 7:30 am at Health plan office
- Kindly get your previous medical records
- Please collect your final report Within 15 days

General information

- On request additional investigations / consultations can be scheduled, at an extra cost
- Subsequent consultations are not included in the package
- Health plan packages are formulated by the management at subsidized rates, hence cannot be disaggregated into individual investigations
- If any investigations included in the package are not completed due to personal /medical reasons, no reimbursement will be provided.
- Corporate clients are required to submit an employee ID and a letter of recommendation from the company



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Home Blood sample collection

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Contact Us :

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✉ healthcheckup@stjohns.in



ST. JOHN'S MEDICAL COLLEGE HOSPITAL

BENGALURU

HEALTH CHECK UP PLANS



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HEALTH CHECK UP PLANS

List of investigations	Basic Health Plan A	Basic Health Plan B (Fasting is not mandatory)	Primary Health Plan	Executive Men	Executive Women
Price (Rs)	3150/-	3150/-	5500/-	7800/-	8400/-
Blood Investigations					
Serum Fasting Glucose	✓		✓	✓	✓
Serum Random Glucose		✓			
Glycated Haemoglobin (HbA1C)	✓	✓	✓	✓	✓
Complete Blood Counts	✓	✓	✓	✓	✓
Serum Electrolytes	✓	✓	✓	✓	✓
Serum Creatinine	✓	✓	✓	✓	✓
Lipid Profile	✓	✓	✓	✓	✓
LFT			✓	✓	✓
TSH			✓	✓	✓
Calcium				✓	✓
Phosphorus				✓	✓
Vitamin D				✓	✓
Vitamin B12				✓	✓
Urine Investigations					
Urine Examination	✓	✓	✓	✓	✓
Other Investigations					
ECG	✓	✓	✓	✓	✓
Chest X-ray	✓	✓	✓	✓	✓
Ultrasound Abdomen & Pelvis			✓	✓	✓
Pap Smear					✓*
Doctor Consultation	FM/ GM	FM/ GM	FM/GM	FM/GM	FM/ GM &GO

Add-Ons

Comprehensive Heart:

- ECHO
- TMT
- Cardiology Consultation

Rs. 3400

Well Men:

- PSA
- Urology Consultation

Rs. 750

Well Women:

- Sonomammogram
- Surgical Oncology Consultation

Rs. 2900

For Chest X-Ray, only typed report will be provided. Film will be provided on request on actuals.
There will be some waiting time for a few tests as per the selected package.