

# REPORT OF 2023-24

## PULSE POLIO PROGRAM FROM 3<sup>RD</sup> MARCH 2024- 6<sup>TH</sup> MARCH 2024



Total of 270 students from 4<sup>th</sup> year B.Sc and 3<sup>rd</sup> year and 1<sup>st</sup> year GNM students participated in pulse polio programme in 6 PHCs. Totally 37,165 children were immunized.

## WORLD WATER DAY CELEBRATION



The 4<sup>th</sup> year B. Sc students put up a programme for the public in the utility complex, SJNAHS on the topic “Importance of saving water”.



## INTERNATIONAL WOMEN'S DAY



On the occasion of International Women's Day a Walkathon was organized around the campus with participation of approximately 100 staff and students filled with full zeal and enthusiasm from varied disciplines of the institution.

## GROUP HEALTH EDUCATION

The 4<sup>th</sup> year B. Sc nursing students during their community postings conducted health education programmes on various health related topics in different PHCs.

**Tavarekere PHC - 14<sup>th</sup> March 2024, Topic "Health & Sanitation and Worm infestation"**





**Adugodi dispensary on 14<sup>th</sup> March 2024. Topic - “Tobacco and alcohol free community”.**





**Koramangala PHC - 15<sup>th</sup> March 2024, Topic “Elderly care and diarrhea”**



**ADUGODI UPHC - 16<sup>th</sup> March 2024, Topic “Prevention of non-communicable diseases”**



Group Health Education conducted on 16<sup>th</sup> March 2024 at PHC on the topic “” by 4<sup>th</sup> Year B.Sc students.

**HOME VISIT**

During the rural community postings home visit at the Thindlu village, Sarjapur the 4<sup>th</sup> year B.Sc students conducted the community survey, need based individual health education, nutrition demonstration in their respective assigned houses.

## RURAL COMMUNITY SURVEY CONDUCTED ON 18<sup>TH</sup> MARCH 2024



## INDIVIDUAL HEALTH EDUCATION





# NUTRITION DEMONSTRATION

The nutrition demonstration done were namely regarding balanced diet, hydrabadi mix, high protein diet, soft diet, fiber rich diet and fluid diet.



# SCHOOL HEALTH PROGRAMME

## Urban School Health Programme

School Health Programme was conducted on 21<sup>st</sup> March 2024 at Government Primary School, Tavarekere by the 4<sup>th</sup> year B. Sc nursing students regarding the topic “ Personal hygiene and immunization”. They also conducted games, physical check-up for all the 166 students.





## Rural School Health and Anganwadi Programme

A School Health and Anganwadi programme was conducted at Thindlu village, Sarjapura by the 4<sup>th</sup> year B. Sc nursing students on 22<sup>nd</sup> March 2024 regarding the topics “personal hygiene, importance and steps of hand washing and nutritional needs of the primary school children”. Also gave them a taste of hyderabadi mix and kheer by distributing it to all the children present there. Total of 100 children benefited from the programme.





Bengaluru, KA, India  
Thindu Road, Thindu Sarjapura, Bengaluru,  
562125, KA, India  
Lat: 12.962740, Long: 77.808473  
03/22/2024 12:53 PM GMT+05:30  
Note: Captured by GPS Map Camera



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562125, KA, India  
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