

World Health Day

World Health day, April 7th was celebrated at St. John's by organizing a health education programme in the OPD Foyer by 4th year B.Sc. nursing students. Dr. Ramakrishna Goud was the chief guest of the day. The guests of Honor who graced the occasion included Rev. Dr. John Varghese, ADH-SJCON & SJMCH, Rev. Fr. Jesudoss Rajamanickam , ADF, Dr. Arvind Kasthuri , CMS, Prof. Reena Menon Principal, Mrs. Sara Oommen, Lead NS, Sr. Dr. Prasada, Vice Principal.

The theme of the day “ Our planet our health” was opened through skit. The students educated the public about the earth's beauty & abundance of resources in the past, The negligence of the humans in preserving these resources and about how pollution has damaged planet earth. The skit conveyed a message on what could be done individually & collectively to protect mother earth & saving our planet for better health.

Dr. Ramakrishna Gowd addressed the gathering and reiterated the importance of reducing usage of plastic & preventing pollution to live a healthy life. He spoke about using eco friendly products and how every individuals effort however small it might seem, would surely create a big difference.

The program came to a close with an exhibition that displayed posters on the theme which was inaugurated by Dr. Arvind Kasthuri, Chief of Medical Services.



