St. John's National Academy of Health Sciences

St. John's Medical College

A **Distance Education Unit (DEU)** course, in collaboration with the Department of Neonatology and Lactation Committee, SJMCH

NOURISH. SUPPORT. SUSTAIN.

ONLINE COURSE

Breastfeeding and Lactation Management

A short online certificate course for maternal & newborn care professionals

Build essential knowledge and practical skills in breastfeeding support, lactation management and addressing common breastfeeding challenges.



12 MODULES

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1 month COURSE DURATION

70% PASS MARK

1 day OFFLINE WORKSHOP (Optional)

COURSE HIGHLIGHTS

- 12 focused online modules
- Recorded lectures and study materials
- Post-test in each module (≥70% to pass)
- Online certificate on successful completion
- Optional one-day offline workshop
- Complete the course within 1 month

COURSE FEE (Inclusive of 18% GST)

Online without Workshop	₹3,540	Base Amount: ₹3,000 + GST ₹540 (18%)
Online with One-Day Offline Workshop	₹5,900	Base Amount: ₹5,000 + GST ₹900 (18%)

WHO CAN PARTICIPATE?

Healthcare professionals involved in maternal, newborn and infant care, including:

- Paediatricians, neonatologists and obstetricians
- Medical officers and general physicians
- Nurses, midwives and nursing officers
- Lactation consultants and breastfeeding counsellors
- Dietitians and nutritionists
- Human milk bank professionals
- Other healthcare professionals interested in breastfeeding promotion and lactation management

KEY LEARNING AREAS (12 MODULES)

- Breastfeeding importance and lactation physiology
- Antenatal preparation and maternal nutrition
- Early initiation, positioning and attachment
- Breastfeeding counselling and support
- Maternal and neonatal breastfeeding problems
- Breastmilk expression and feeding in LBW/sick neonates
- Complementary feeding, BFHI and IMS Act



SCAN TO REGISTER & PAY

Register & Pay Online

Payment / Registration:
cmis.stjohns.in/anon_evForm.htm?ev=447

For Queries:
distance.education@stjohns.in

080-4946-6359

Distance Education Unit (DEU), St. John's Medical College, Bengaluru