



CME and Academic Activities

PRECLINICAL

DEPARTMENT OF ANATOMY

The department of Pediatrics organized the National Neonatology Conference at our auditorium last year. Professor Sanjiv Lewin, and Professor Sylvan Rego together with Dr Sujatha organized a 6 month course on allergy and immunology. The Department of anesthesia conducted a hands-on workshop on the Difficult Airway.

Dr. V. Balasubramanyam Source person for the workshop on “National Empowering Nursing Academia” St. John’s College of Nursing, SJNAHS, Bangalore – 34. 3th - 15th February 2008.

Dr. Nachiket – Faculty for comprehension care of P6HIV conducted by SJNAHS for paramedical staff in Dec. 2007 and June 2008.

Dr. Nachiket, Dr Roopa – Faculty for conducting “Problem based learning” for 8th term students in March 2008.

Mr. Ranganath & Dr. Nachiket – CME program on update on genetic counseling in clinical practice on 20th April 2008 conducted by SJMC.

CME Program conducted – “Update on Genetic Counseling in Clinical Practice, SJMC, Division of Human Genetics, April 2008.

Special Activities of the Department:

Conducted workshop on “Special Neurohistological Staining Techniques” on 26th & 27th September 2007.

State level Awareness workshop on “Safe Handling of Lead for Lead Based Industrial Workers” held on 30th April 2007 at KIMS, Hubli organized by Quality Council of India, NRCLPI and Department of Biochemistry & Biophysics.

Awareness workshop on “Supply Chain Measures to Promote Environmentally Sound Management of Lead Batteries” held on 30th May 2007 at Board Room, Director Office organized by Quality Council of India, NRCLPI and Department of Biochemistry & Biophysics.

DEPT. OF PHYSIOLOGY

Dr. Sandhya T. Avadhany, Dr. S. Sucharita, Dr. D.V. Srivatsa Dr. Madhura M – CME on Cardiophysiology conducted by Dept. of Cardiology, CMC, Vellore, Jan 9 – 11, 2008

Dr. Sandhya T. Avadhany, Dr. D.V. Srivatsa, Dr. M. Madhura, Dr. Roopashree N, Dr. Satish N. S – CME in Geriatric medicine conducted by Dept. of Community Medicine, SJMC, March 25th 2008

CME programme on Physiology & Yoga held on 21st, 22nd and 23rd February 2008.



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PARACLINICAL DEPARTMENT

Department of Clinical Pathology

All teaching faculty of Dept. of Pathology: conducted CME for medical Laboratory technologists Aug 2007. Organized by the Dept of Clinical Pathology (Dr. Karuna Rameshkumar, Dr. Sitalakshmi.S, Dr. Shanthala Devi AM, Dr. Vanamala A, Dr. Prasanna BKP, Dr. Parimala P)

A CME for medical laboratory technologists was held on 12/08/07 with Dr. Karuna Rameshkumar as the organising Chairperson and Dr.Sitalakshmi.S as the organizing secretary. All the teaching staff were faculty in the CME. The scientific programme included talk on role of preanalytical variables in laboratory, symposium on quality control in biochemistry, coagulation, hematology, clinical pathology and case discussions. About 120 delegates from all over Karnataka attended the programme. The Dept. organised a seminar on NAT testing in Blood Bank on 20th Sept 2007 at SJMCH

DIVISION OF CLINICAL PHARMACOLOGY

Events Organised – by Dr. Chanda Kulkarni & Mr. Devesh Mishra

Current Trends in Clinical Pharmacology – CME – 2007 on Day 1 – Pharmacokinetic Principles and Day 2 – Mile stones in drug development. Division of Clinical Pharmacology, for Medical Postgraduates, Junior Faculty, St. John's Medical College, September 2007

An Educational Event – on the occasion of National Day Celebrations – Poster Designing Competition for Medical UGs on issues relevant to patients with epilepsy, St. John's Medical College, 15th & 16th November 2007.

A Training Workshop on – Drugs & Therapeutics Committee & Hospital Formulary Committee – for Physicians, Pharmacists, Pharmacologists & Administrators – 9th & 10th May 2008

DEPT. OF COMMUNITY HEALTH

List of Training Course/Programmes conducted

a.) MEDICAL

1. Rural Orientation Program residential camp at Mugalur - Medical students
2. Rural Orientation Program residential camp at Mugalur - Nursing students
3. Community Health Action Programme (CHAP) - Medical students
4. Exchange programs & visits to other NGO projects - PG students
5. Elective posting of students from foreign Universities - Medical students

b.) AUXILIARY HEALTH WORKERS

1. Community Health Workers Basic Course - Sponsored candidates
2. Anganwadi Workers Training Programme - Govt. Workers
3. Village Health workers - NGOs
4. Course on Basic Health Care - Sisters of Missionaries of Charities

c.) COMMUNITY HEALTH MANAGEMENT

1. Diploma in Medical Record Management students.
2. Certificate Course in Health Care Administration



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d.) HEALTH RELATED TRAINING PROGRAMMES

1. First Aid and Health Care -
Deacons/Seminarians/Industries
2. Women's Functional Literacy Programme - Urban slum
3. Rural Women's Health Awareness - Change Agents
4. Participatory Rapid Rural Appraisal - Health workers

e.) OTHERS

1. Block posting and Field Training - MSW students
(Bangalore, Mangalore, Madras Universities, Kerala University)
2. Observers from Foreign Universities - Medical & non-medical students

f.) DEVELOPMENTAL TRAINING PROGRAMMES

1. Home based income generation activities for Slum Women and Rural Women.
2. Family Health Training programs for Teachers/parents/ students in schools and colleges.
3. Health Awareness among adolescents for Rural girls and boys.
4. Participatory Rapid Rural Appraisal Rural Women.
5. First Aid Training for Non-Medical College Students / Rural Youth Groups
6. Leadership Training for Rural Women
7. Legal Aid / Rights Awareness for Rural Women
8. Community Organisation for Self-Help Groups among Rural Adolescent Girls and Rural women.

Dr. T. Sulekha – Conducted a Composite Proposal Development Workshop for Field NGOs under the Mother NGO Project from 30th – 31st August 2007

Observer of the RGUHS at the Kempegowda Institute of Medical Sciences for the conduct of the Post Graduate Entrance Examinations

Dr. T. Sulekha/Dr. Naveen R/ Dr. Rashmi Rodrigues/ Dr. Deepthi Shanbhag/ Dr. Pretesh Kiran – Resources persons for Mahithi Mela – a training programme on Women's Health conducted as part of a programme called “**Personal Advancement and Career Enhancement**” (PACE) that is being carried out by Swasthi – a Health Resource NGO, April – June 2008.

DEPARTMENT OF DERMATOLOGY

Annual Bangalore Dermatological Society clinical meet – along with Department of Dermatology - Mini Auditorium, St. John's Medical College, held on 30th September 2007.

The PGs presented on :

- A case of Papillion Lefevre syndrome – **Dr. Sandhya**
- Greither's disease – therapeutic challenge due to non-responsiveness to Retinoids – **Dr. Nagalakshmi.**
- A rare case of Costello syndrome & a case of mastocytosis – **Dr. Aparna**



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- A spectrum of mycosis fungoides – different cases of MF – **Dr. Rohini**
 - Keloidal TBVC with squamous cell carcinoma – **Dr. Preethi**
2. WHO IMAI Training Program - Training of Trainers, St. John's Med College, 29th June – 2nd July 2007 - **Dr. John Stephen**, As resource person
 3. WHO IMAI Training Program - Training of Trainers, Davangere – 9th – 14th & 25th – 29th July, 20th – 24th August, 17th – 19th & 25th – 26th September 2007 – Dr. John Stephen, Dr. Ishwara Bhat & Dr. Sendhil Kumaran - As resource person
 4. WHO – IMAI (Integrated Management of Adult & adolescent illness) – a feasibility study in Davangere – Principle Investigator : Dr. John Stephen
 5. Help : (HIV/AIDS with learning programme) – development of a “Training website” for Continuing Medical & Nursing education in HIV – Dr. John Stephen.
 6. PLC project : The dermatology department provides technical support to the Program linked Clinics - run by The Karnataka Health Promoters Trust.

DEPARTMENT OF EMERGENCY MEDICINE

Residency Programme

1. The department conducts a one year Certificate Course in Emergency Medicine under the Society for Emergency Medicine, India.
2. Advanced Cardiac Life Support (ACLS) workshops under the American Heart Association
3. Basic Life Support (BLS) Workshops under the American Heart Association
4. International Trauma Life Support (ITLS) workshops under BTLS international
5. First Aid courses Conducted by the Department
6. The department was recognized as an International Training Organization under the American Heart Association (AHA) to conduct Basic Life Support and Advanced Cardiac Life Support Workshops under the auspices of the AHA

DEPARTMENT OF MEDICINE

1. CME Programme **organised** for DNB students of Karnataka in May 2008- Dr. Girija Singh
2. CME on Diabetes , Thyroid & Calcium – **Organising Secretary** Dr. Jyothi Idiculla
3. **Conducted by Department of Endocrinology**, 2nd August 2007.
4. **Dr. Girija Singh**: CME Programme organised for DNB students of Karnataka in May 2008

DEPARTMENT OF SURGERY

1. Organized CSEP for DNB candidates from across the country April 2008
2. Organized 6th CSEP by Department of Surgery, SJMCH in May 2008
3. Organized Colorectal Conference of India in April 2008 under the aegis of Association of Colorectal Surgeons of India.
4. Dr. Nanda Rajaneesh has been appointed Vice President of colorectal Association of India and also the . Executive Committee member of Laparoscopic Association of India

DEPT. OF OBSTETICS & GYNAECOLOGY

1. Conducted workshop on “Parent Craft”-December 2007 and April 2008
2. Conducted workshop on “HIV in Pregnancy” with Paediatrics department – March 2008
3. Conducted CME on “Post Exposure Prophylaxis” Sponsored by CIPLA Limited

DEPARTMENT OF OPHTHALMOLOGY



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1. Neuroophthalmology CME on 15th June 2008 conducted by our department
2. **Speakers:**
3. Dr. Manjoo C. S “Visual Fields”
4. Dr. Andrew Vasnaik “Pupillary evaluation and abnormalities”
5. Dr. Usha Vasu “Trends in the management of Optic Neuritis”
6. Dr. Mary Joseph “Traumatic Optic Neuropathy”
7. Dr. Suneetha N “Evaluation of disc oedema & Role of Optic nerve sheath decompression in IIH and CVT”

DEPARTMENT OF ORTHOPAEDICS

1. Department of Orthopaedics successfully conducted the FNB Spine examination of DNB Board in December 21st to 22nd 2007
2. Department of Orthopaedics successfully conducted the DNB Orthopaedics examination of DNB Board in May 19th to 22nd 2008
3. Organised 6th BOS PG Instructional Course from 17th to 18th August 2007
4. Organised workshop on Proximal femoral fracture nailing in Nailscon, Goa
5. Organised workshop on AFN in VR Orthocon
6. Organised workshop on Acetabular fracture in KOACON-08

DEPARTMENT OF PEDIATRICS

Dr. Swarna Rekha Organizing chairperson of NNF state conference SJMCH.

Dr. Swarna Rekha organised Ventilation workshop and Faculty Panel – starting ventilation services

Dr. Nanjundaswamy PG guide workshop organized by Research Society SJMC Bangalore Indian Feb 2008

Dr. Arpana,

1. Talk in Doordarshan on kidney disease in children January 2008
2. Organizing Secretary for the international CME on presentation of chronic kidney disease in children COMGAN March 2008
3. Faculty for microteaching workshop under Teachers training workshop, July 2008.
4. Conducted Basics clinical skills workshop for undergraduates October 2008

Dr. Anand – Conducted NNF conference in Nov 2007 as a person incharge of venues

Dr. Indumathi: Co organizer for CME for nursing professionals, NNF

Dr. Suman

1. Developmental evaluation workshop at the Annual CMEP 2008 6th June 2008
2. National AIIMS-PGI Neonatal Ventilation Workshop in SJMCH on 15th to 18th May 2008
3. XI Annual Convention of NNF Karnataka at SJMCH – 16th to 18th November 2007
4. NALS workshops
5. Lactation workshops

SUPERSPECIALITY DEPARTMENT CARDIOLOGY

1. Free cardiac and health camp every month organized at Mar Thoma Church in order to screen the majority of the parish members for common illness and risk factors.
2. Free Health Camp organized at the Parish Hall of the Church once a month on a Sunday from July 2007.
3. Conducted free camp at a church in Ejipura. On the occasion of the camp free blood



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cholesterol, serum Creatinine, thyroid function tests and blood sugar for about 200 patients were done by collaborating with Biochemistry Department of SJMCH on 19th August 2007 - Sunday.

4. In continuation to the 19th August 2007, Blood pressure, cardiovascular system check up and free ECG (for selected patients) done on 26th August 2007 and 9th December 2007 - Sunday
5. Cardiac Health Camps were held at Jayanagar - Bangalore, Gubbi and Hubli
6. New Tread Mill system was installed on 04/04/2008 (GE)

CMEs

1. on "Acute Coronary Syndrome" was held on 15/12/2007
2. on "Cardiac Arrhythmias" was held on 29/02/2008

Hosted monthly clinical meeting of CSI – Bangalore Chapter on 5th January 2008 by Dept. of Cardiology, SJMCH..held at Hotel Atria.

Scientific Symposium on "Diabetic Hypertension" held at Bangalore on 29/03/2008 Speaker Dr. G.G.Shetty

DEPARTMENT OF GASTROENTEROLOGY

TRAINING: List of Training Courses/Programmes conducted

1. DNB in Gastroenterology
2. Certificate course in Emergency Gastroenterology
3. Certificate course in Gastroenterology & Hepatology
4. Lectures for Undergraduate Students
5. Lectures for Postgraduate Students
6. Lectures for B.Sc. & P.C.B.Sc Nursing Students
7. Rotating Training of General Medicine (1 1/2 month)
8. Elective postings for interns
9. Externees Students Training Programme
10. Training of Nurses & Aides in the care of Endoscopes

DEPARTMENT OF PAEDIATRIC SURGERY

The department is the only centre under the RGUHS to conduct a post doctoral training programme in Paediatric Surgery - MCh (Paediatric Surgery). The fifth candidate successfully completed the course in August 2007.

- The department organised an **Update on Neonatal Surgery** in August 2007. This was attended by general practitioners, general surgeons and paediatricians from Karnataka, Tamil Nadu and Kerala. It aimed at increasing the awareness about paediatric and neonatal surgery amongst the primary physicians caring for children.
- A CME entitled **Genital disorders in Children** was organised by the Paediatric Gender Clinic of the department in May 2008. This was attended by Obstetricians, Paediatricians, Paediatric Surgeons and Urologists.

PAIN AND PALLIATIVE CARE

TRAINING: Any special efforts/techniques used in teaching:

a) Undergraduate

Undergraduate classes were conducted as interactive sessions in order to facilitate more participation from students. Case scenarios discussions encouraged active participation of



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students.

b) Postgraduate

Anesthesia postgraduates were encouraged to interact more with patients to inspire them in Palliative care. Along with regular theory classes more attention was given to the clinical aspects of pain management, communication skills and effective symptom management in palliative care. Each student was asked to present three cases that included the above said topics and topic presentation was conducted.

St. John's is one of the 20 national level centers for certificate course in Palliative care conducted by Indian Association of Palliative care. This course is aimed to train nurses and doctors on basics of palliative care.

ST. JOHN'S NATIONAL ACADEMY OF HEALTH SCIENCES COLLEGE OF NURSING

1. The staff are involved in the regular induction program of newly recruited staff nurses.
2. GNM, B.Sc. and P.C.B.Sc. nursing students rendered their whole hearted service to the slum children in holy cross crèche.
3. NRHM project : As part of national rural health mission, department of community health nursing has adopted 20,000 population in urban slum of Jakkasandra and Venkatapura for immunization. Twice in a month college conduct immunization clinic in these concerned areas.
4. Medical camp – conducted medical camp in the Ganathalur village by IV year B.Sc. Nursing students.
5. Mass health education – conducted mass health education programme on environmental hygiene, hypertension, HIV Aids, diabetes mellitus at different villages of Sarjapur PHC.
6. School health programme – conducted health check up and health education programme on various topics in the schools of Jakkasandra, Venkatapura and rural areas of Mugalur health centre.
7. Sramadhan – conducted a Sramadhan to clean up the areas of Ganathalur village in the month of May under NSS scheme.
8. Mahila Mandal – conducted regular health education on various topics for the mahila mandal women of Jakkasandra and Venkatapura.
9. Staff training – procedure demonstration conducted for new batch of clinical instructors in December 2007 with a view to enable uniform, standardized supervision in the wards.

Special Activities of the Department :

1. Staff development programme conducted on team building by Mrs. Jennifer on 27.11.2007 – organized by Medical Surgical Nursing Department.
2. Conducted a staff development programme on “power point presentation – its application on teaching” by Dr. John Stephen – Asso. Prof, Dermatology Department in the month of May.
3. Organized inservice education programme for staff nurses of SJMCH along with 2nd year P.C.B.Sc. Nursing students.
4. Organized staff development programme for entire faculty on “Relationship capital”.
5. Conducted staff development programme on conflict management.



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6. Short capsule course on AIDS awareness - for all students of SJCON in batches conducted by Mrs. Mary Walton, Mrs. Annamma Thomas, Mrs. Sheeja and Mrs. Shiny Mathew.
7. One day session on pain and palliative care conducted for students of all batches of SJCON by Mrs. Mary Walton, Sr. Celcy, Dr. Bharathi, Ms. Smitha Parvathi.

STAFF CULTURAL SOCIETY

In the year gone by the Staff Cultural Society is happy to have organized events in the area of cultural activities , sports & eco-friendly clubs.

A cultural programme (St. John's Dhamaka) for staff was organized, where the different departments put up events from skits, singing & classical dancing to a fashion show. For the X'mas celebrations of the year, there was a New introduction of a Carnival. Along with this the annual 'Jingle Rock' programme as conducted.